

# Kursplan

16.05.2022 - 22.05.2022

AKTZENT  
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Montag 16.05.2022	Dienstag 17.05.2022	Mittwoch 18.05.2022	Donnerstag 19.05.2022	Freitag 20.05.2022	Samstag 21.05.2022	Sonntag 22.05.2022
09:30 - 10:30 European Aerobic   ...	17:00 - 18:30 Hatha Yoga	09:30 - 10:30 European Muscle Pow...	18:30 - 19:30 European Muscle Pow...	09:30 - 10:30 Be active®	14:30 - 15:30 ETB®	09:30 - 11:00 Hatha Yoga
17:30 - 18:30 European Aerobic   ...	18:30 - 19:30 European Muscle Pow...	18:15 - 19:15 European Spin Gym®	19:30 - 20:30 ACROBO® Class	17:00 - 18:00 Stretch & Mobility	15:30 - 16:30 European Weights®	11:00 - 12:00 European Spin Gym®
18:30 - 19:30 Beastmode Cardiopow...	19:30 - 20:30 ETB®   ETB® intro	19:30 - 20:30 European Weights®		18:00 - 19:00 European Aerobic   ...		12:00 - 13:00 ACROBO® Class
19:30 - 20:30 European Weights®   ...				19:00 - 20:00 European Weights®		