

# Kursplan

16.05.2022 - 22.05.2022

**AKTZENT**  
 Schlichtäcker 3  
 74223 Flein  
 07131 – 25 20 11  
 info@aktzent-sports.de

**AKTZENT**  
 SPORTS

Montag 16.05.2022	Dienstag 17.05.2022	Mittwoch 18.05.2022	Donnerstag 19.05.2022	Freitag 20.05.2022	Samstag 21.05.2022	Sonntag 22.05.2022
<p>09:30 - 10:30 European Aerobic   ...</p>	<p>17:00 - 18:30 Hatha Yoga</p>	<p>09:30 - 10:30 European Muscle Pow...</p>	<p>18:30 - 19:30 European Muscle Pow...</p>	<p>09:30 - 10:30 Be active®</p>	<p>14:30 - 15:30 ETB®</p>	<p>09:30 - 11:00 Hatha Yoga</p>
<p>17:30 - 18:30 European Aerobic   ...</p>	<p>18:30 - 19:30 European Muscle Pow...</p>	<p>18:15 - 19:15 European Spin Gym®</p>	<p>19:30 - 20:30 ACROBO® Class</p>	<p>17:00 - 18:00 Stretch &amp; Mobility</p>	<p>15:30 - 16:30 European Weights®</p>	<p>11:00 - 12:00 European Spin Gym®</p>
<p>18:30 - 19:30 Beastmode Cardiopow...</p>	<p>19:30 - 20:30 ETB®   ETB® intro</p>	<p>19:30 - 20:30 European Weights®</p>		<p>18:00 - 19:00 European Aerobic   ...</p>		<p>12:00 - 13:00 ACROBO® Class</p>
<p>19:30 - 20:30 European Weights®  ...</p>				<p>19:00 - 20:00 European Weights®</p>		

 Fitnesskurs

Stand: 22.05.2022