

Kursplan

13.05.2024 - 19.05.2024

AKTZENT
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74223 Flein
07131 – 25 20 11
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Montag 13.05.2024	Dienstag 14.05.2024	Mittwoch 15.05.2024	Donnerstag 16.05.2024	Freitag 17.05.2024	Samstag 18.05.2024	Sonntag 19.05.2024
<p>09:30 - 10:30 European Aerobic ...</p>	<p>17:00 - 18:30 Hatha Yoga</p>	<p>09:30 - 10:30 European Muscle Pow...</p>	<p>18:30 - 19:30 European Muscle Pow...</p>	<p>09:30 - 10:30 Be active®</p>	<p>14:30 - 15:30 ETB®</p>	<p>09:30 - 11:00 Hatha Yoga</p>
<p>18:00 - 19:00 European Aerobic ...</p>	<p>18:30 - 19:30 European Muscle Pow...</p>	<p>18:15 - 19:15 European Spin Gym®</p>	<p>19:30 - 20:00 Sixpack-Express</p>	<p>17:00 - 18:00 Stretch & Mobility</p>	<p>15:30 - 16:30 European Weights®</p>	<p>11:00 - 12:00 European Spin Gym®</p>
<p>19:00 - 19:30 Sixpack-Express</p>	<p>19:30 - 20:30 ETB® ETB® intro</p>	<p>18:30 - 20:00 Hatha Yoga</p>	<p>20:00 - 20:30 Stretch & Relax</p>	<p>18:00 - 19:00 European Aerobic ...</p>		<p>12:00 - 13:00 ACROBO® Class</p>
<p>19:30 - 20:30 European Weights® ...</p>		<p>19:30 - 20:30 European Weights®</p>		<p>19:00 - 20:00 European Weights®</p>		

 Fitnesskurs

Stand: 18.05.2024